

(Hazards as identified in UKA template)

Hazard	Who Could it Affect	Current Action	Risk Rating	Further Action	Risk Factor	By Whom	Target Date	Complete
Lack of awareness around Covid-19 risk factors and key government/ England Athletics/ local guidance for limiting the spread/ transmission of the disease	Athletes	Club coaches review implications of each change in EA guidance. Training restricted to groups of Leader +12 athletes or as directed by prevailing EA guidance. Records of attendance to be maintained for track and trace purposes	Low	Links to this risk assessment and latest EA guidance included in each session booking. Reinforcement of message before and during sessions. Records of attendance maintained through training session booking system	Low	All Coaches SM, AB, SA, JR, JS, JW, AP.	n/a	Ongoing Ongoing
Spreading/ transmission of Covid-19 through contact with disease on a surface	Athletes/ coaches	Athletes to be told not to share drinks bottles & keep spare clothes separate Athletes to carry own clothes and drinks bottles	Low	Remind athletes at beginning and during sessions	Low	All Coaches SM, AB, SA, JR, JS, JW, AP.	n/a	Ongoing Ongoing
<u>Running in open spaces</u> Spreading / transmission of COVID-19 through air	Athletes/ coaches	1. Session locations to avoid busy public areas. Shuttles / relays / drills to be organised	Low	1. Sessions to be selected or adapted to be in quieter	Low	SM, AB	n/a	All ongoing

borne transmission of the disease by an infected person		to meet distancing requirements 2. Distancing (2m) requirements to be followed including when passing members of public 3. No social mixing with other groups before or afterwards 4. Athletes to meet at specified location and to leave straight after session		areas and avoid town centre. 2+3+4 Risk assessment and general points to be shared with Athletes prior to booking 2+3+4 Remind athletes at beginning and during sessions		SM All Coaches SM, AB, SA, JR, JS, JW, AP.		
<u>Running in open spaces using Equipment</u> Spreading / transmission of COVID-19 through contact with disease on a surface	Athletes, coaches.	No equipment to be used at this stage	Low	Review if equipment used	Low	All Coaches SM, AB, SA, JR, JS, JW, AP.	n/a	Ongoing
Impact of dealing with injuries or other accidents on limiting the spread/ transmission of COVID-19	Coaches	Session leader (always carries phone) not to compromise government distancing requirements and to contact ambulance if required.	Low	none		All Coaches SM, AB, SA, JR, JS, JW, AP.	n/a	Ongoing

Quick reminders for athletes

- Do not attend training if you feel unwell, anybody feeling unwell during training should go home immediately.
- Go straight to your training group
- 2m social distancing must be adhered to at all times
- Wash your hands before and after session and/ or bring own sanitiser / hand wash
- Carry your own bottles, clothes etc
- Do not mix with other groups while training
- Disperse straight after end of training session

General points regarding risk:

- Meeting / ending places will be specified close to location of the session to avoid passing through busy public areas.
- Sessions will be clearly separated by location to avoid inadvertent contacts between groups and/or public impression of a larger group.
- Booking system to be used to ensure total participants (excluding coach/leader) are maximum of 12 or as directed by prevailing EA guidance . [Participant limit may be set to below the max allowable by EA depending on expected attendance or other factors.]
- No toilet facilities available during sessions (public toilets are available in town centre)
- All to wash hands before session.
- Athletes to meet with 2m spacing at the specified location for the specific session
- Athletes to keep own clothes separate – spare tops etc not to be looked after by coach or piled together.
- Warm up will be in an open area to allow visibility and space for public to avoid the group.
- Athletes to be 2m spaced during warm up (can be large circle, matrix or line).
- Athletes to be 2m spaced at start, assembled in approximate order of speed to minimise bunching & overtaking.
- Sessions will be “circular” i.e. up right side of road and down right side of road where necessary.
- Athletes to maintain 2m spacing throughout session including overtaking (overtaking athlete to give a warning and create space, taking care of road safety if necessary).
- Athletes to give priority for 2m spacing over competition/ effort etc.
- Athletes to maintain 2m spacing during recovery stages.
- Stretches to be in open area to allow visibility and space for public to avoid the group.
- Athletes to be 2m spaced during stretches (can be large circle, matrix or line).
- Session to end at the specified location for the specific session from where Athletes disperse or are collected if needed.
- All to wash hands after session.